NHS England
Commitment to Carers – can it make a difference?

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What are the Commitments?

• On Wednesday 7 May NHS England published its commitment to carers to give them the recognition and support they need to provide invaluable care for loved ones. With 1.4 million people providing 50 or more carer hours a week for a partner, friend or family member, they make a significant contribution to society and the NHS.

• There are 37 commitments spread across eight key priorities which include raising the profile of carers, education and training, person-centred coordinated care and primary care. It has been developed in partnership with carers, patients, partner organisations and care professionals over the past few months.
The Power of Partnerships

Carers Trust
NHS Improving Quality and NHS England
The Children’s Society
Royal College of General Practitioners
Carers UK
Standing Commission on Carers (SCOC)

www.england.nhs.uk
Strategic Drivers

• Better Care Fund
  The £3.8bn Better Care Fund (formerly the Integration Transformation Fund) was announced by the Government in the June 2013, to ensure a transformation in integrated health and social care. It creates a local single pooled budget to incentivise the NHS and local government to work more closely together around people, placing their well-being as the focus of health and care services.

In section 7: National conditions a) point (v) states
Please specify the level of resource that will be dedicated to carer-specific support.
And also in section 8 - Engagement
B(iii) Please state how the following groups of providers have been engaged in the development of the plan and the extent to which it is aligned with their operational plans: Social care and providers from the voluntary and community sector.
Strategic Drivers

• Five Year forward View
  The NHS Five Year Forward View was published in October and sets out a vision for the future of the NHS. It has been developed by the partner organisations that deliver and oversee health and care services including NHS England, Public Health England, Monitor, Health Education England, the Care Quality Commission and the NHS Trust Development Authority.

  The purpose of the Five Year Forward View is to articulate why change is needed, what that change might look like and how we can achieve it.

  ‘when people do need health services, patients will gain far greater control of their own care’ – including the option of shared budgets combining health and social care. The 1.4 million full time unpaid carers in England will get new support, and the NHS will become a better partner with voluntary organisations and local communities’
Using Data to Drive Change

Carers across all age groups have greater desire for a specific GP

‘Is there a particular GP you usually prefer to see or speak to?’
Using Data to Drive Change

Young carers are more likely than non-carers to suffer long-term illness

‘Do you have a long-standing health condition?’

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Carer</th>
<th>Non-Carer</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-24</td>
<td>27%</td>
<td>20%</td>
</tr>
<tr>
<td>25-34</td>
<td>30%</td>
<td>23%</td>
</tr>
<tr>
<td>35-44</td>
<td>38%</td>
<td>30%</td>
</tr>
<tr>
<td>45-54</td>
<td>44%</td>
<td>41%</td>
</tr>
<tr>
<td>55-64</td>
<td>55%</td>
<td>57%</td>
</tr>
<tr>
<td>65-74</td>
<td>67%</td>
<td>68%</td>
</tr>
<tr>
<td>75-84</td>
<td>76%</td>
<td>77%</td>
</tr>
<tr>
<td>85+</td>
<td>78%</td>
<td>80%</td>
</tr>
</tbody>
</table>

Carers: 162856  Non-Carers: 715888

GP Patient Survey December 2013 Publication
Using Data to Drive Change

And there are increased levels of anxiety across almost all age groups

‘Describe your own state of health … Anxiety/Depression.’
Shift from National to Local Actions

• Regional evidence summits
  • Connecting local commissioning team to services in their areas
  • Highlighting great practice and learning from experience
  • Developing core principles for commissioning
• CCGs developing their own actions plans to deliver on the commitments locally
What next?

• We need to keep the momentum going, so thinking about health service and how they work with other services you might use…..

• What is the most common problem?
• What do you think should be done to improve this problem?
• What is the most positive thing you have experienced and why?
Making Things Happen

• Please send me your comments

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