To the person who looks after *Mrs A Person*

We understand that you’re currently providing unpaid care and support to one of our patients who would find it difficult to get by on their own.

We know that caring for someone can be very rewarding, and it’s also a time when it’s really important to look after your own health and well-being. For this reason, we’d like to make a note on your medical records that you’re a carer so that we’re aware of your caring role when we see you.

It’s also been our experience that many carers miss out on benefits and services that could make life easier for them—often because they don’t see themselves as a carer or are aware they could be entitled to support. To check that you’re getting everything you’re entitled to, we’d like to refer you to *Hometown Carers Centre* who you can talk to in confidence and have the expertise to advise you on all your entitlements.

We look forward to receiving the completed form overleaf as soon as is convenient for you.

Yours sincerely,

*Hometown Medical Centre*

PS. If you’re registered at a different GP practice than ours, we’d suggest that you let your own practice know that you are your carer instead.

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Yours sincerely,

*Hometown Medical Centre*

PS. If you’re registered at a different GP practice than ours, we’d suggest you give it to your own practice instead.
CARER REGISTRATION AND REFERRAL FORM

Please complete this form and return it to *Hometown Medical Practice*. We will then make a note on your medical records that you are a carer.

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We work closely with *Hometown Carers Centre*, who can offer you free, confidential advice and support. If you would like us to refer you to them for an information pack, please tick here ○ and sign below:

Signature:  
Date:  

**IMPORTANT.** If you are registered at a different practice than ours, please complete the form above and give it to your own GP practice instead, asking to be referred to your nearest carers service.