This questionnaire is designed to find out about your experiences of caring and the impact of the support you have had as a carer. You will be asked some general information about yourself, your experience during the most recent hospitalisation of the person you care for, what support you have had and how you have managed your caring situation since their discharge.

There are no right or wrong answers as every answer will help us to understand your experience as a carer better.

Thanks for your time.
## Background Information

Please write your answers to questions on the space provided in the right hand box.

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is your age?</td>
<td></td>
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<tr>
<td></td>
<td>Under 18</td>
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<tr>
<td></td>
<td>18-29</td>
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<tr>
<td></td>
<td>30-44</td>
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<td></td>
<td>45-64</td>
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<tr>
<td></td>
<td>65+</td>
</tr>
<tr>
<td>Are you male or female?</td>
<td>Female</td>
</tr>
<tr>
<td></td>
<td>Male</td>
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<tr>
<td>What is your ethnic origin?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Asian</td>
</tr>
<tr>
<td></td>
<td>Black</td>
</tr>
<tr>
<td></td>
<td>Mixed Race</td>
</tr>
<tr>
<td></td>
<td>White</td>
</tr>
<tr>
<td></td>
<td>Other</td>
</tr>
<tr>
<td></td>
<td>(Please Specify)</td>
</tr>
<tr>
<td>What relationship to you is the person that you are caring for?</td>
<td></td>
</tr>
<tr>
<td>What is the nature of the illness or disability of the person that you care for?</td>
<td></td>
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<tr>
<td>How long have you been caring for this person?</td>
<td></td>
</tr>
<tr>
<td>Approximately how many hours a week do you provide care?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less than 10</td>
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<tr>
<td></td>
<td>10-20</td>
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<tr>
<td></td>
<td>21-30</td>
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<tr>
<td></td>
<td>31-40</td>
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<tr>
<td></td>
<td>41-50</td>
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<tr>
<td></td>
<td>50+</td>
</tr>
<tr>
<td>How many times in the last year has the person you care for been admitted to hospital in the last year?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Once</td>
</tr>
<tr>
<td></td>
<td>Twice</td>
</tr>
<tr>
<td></td>
<td>Three</td>
</tr>
<tr>
<td></td>
<td>Four</td>
</tr>
<tr>
<td></td>
<td>More than four</td>
</tr>
</tbody>
</table>

Questions 1 to 19 consider your experience of the most recent hospitalisation of the person you care for and the support you had during that time. Questions 20 to 33 ask about your experiences since the person you care for was discharged from hospital, the support you have had and how you have managed since then.
**Question 1**
How would you rate the support you received from hospital and social work staff during the person you cared for’s most recent stay in hospital?

| Very Poor | 0 | 1 | 2 | 3 | Excellent | 4 |

Please explain

**Question 2**
How much were you consulted during the admission process?

| Not at all | 0 | 1 | 2 | 3 | Fully | 4 |

**Question 3**
How would you rate your experience of the admission process?

| Very Poor | 0 | 1 | 2 | 3 | Excellent | 4 |

Please explain

**Question 4**
When were you asked if you were a carer?

- [ ] On admission
- [ ] During the stay
- [ ] On discharge,
- [ ] Never
Question 5
Do you feel you were acknowledged as a carer early enough in the hospitalisation process for your views to be taken into consideration?

☐ Yes
☐ No

Question 6
What information were you given?
(If you were not given any information please go to question 9)

Please specify

Question 7
When did you receive the information?

☐ On admission
☐ More than one week before discharge
☐ One week prior to discharge
☐ On discharge

Question 8
Did the information you received help you as a carer?

Not at All 1 2 3 Very Much

0 1 2 3 4

Please explain
Question 9
Were you offered any practical training in relation to the person you care for’s condition prior to discharge?

☐ Yes
☐ No

If yes, please give details

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Question 10
Were you informed of your right to have a Carer’s Assessment?

☐ Yes
☐ No

If yes, by whom?

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Question 11
Were you offered a carer’s assessment by social work?

☐ Yes
☐ No
☐ Don’t know

(If you were not offered a carer’s assessment please go to question 16)

Question 12
When were you offered a carers assessment?

☐ Prior to discharge
☐ On discharge
☐ Shortly after discharge
☐ Much later
Question 13
If you were offered a carer’s assessment, did you receive the assessment?
☐ Yes
☐ No

If no, was this your decision? Please explain


Question 14
Did the carer’s assessment lead to you obtaining any additional support?
☐ Yes
☐ No

Please elaborate


Question 15
How would you rate your experience of having had a carer’s assessment?

Not Helpful 1 2 3 4 Very Helpful
0

Question 16
Was there a discharge plan for the person you cared for leaving hospital?
☐ Yes
☐ No
☐ Don’t know
**Question 17**
How much were your needs and views taken into account during the discharge process?

Not at All 0 1 2 3 Fully 4

**Question 18**
Was the discharge plan carried through?

☐ Yes
☐ No
☐ Don’t Know

If no, please explain

**Question 19**
How prepared were you for continuing your caring role following the discharge?

Not at All 0 1 2 3 Fully Prepared 4

Please explain

**Question 20**
Who is aware that you are a carer?
(Please tick as appropriate)

☐ Family / Friends
☐ Social Work
☐ GP
☐ Other health Professionals
☐ Carer’s Organisations
☐ Other Voluntary Organisations
☐ None
Question 21
How supported do you feel in relation to being a carer?

Not at All  0  1  2  3  Fully  4

Please explain

Question 22
Are the services you need flexible and available to you?

Not at All  0  1  2  3  Fully  4

Please Explain

Question 23
How much do you feel your expertise is recognised by service providers and care professionals?

Not at All  0  1  2  3  Fully  4

Question 24
How much do you feel you have a say in shaping the services you or the person you care for receive?

Not at All  0  1  2  3  Fully  4

Question 25
Do you feel that the care professionals understand your needs as a carer?

Not at All  0  1  2  3  Fully  4
**Question 26**

How well do you feel agencies such as health, social work and carer's organisation work together?

<table>
<thead>
<tr>
<th>Not at All</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
</table>

**Question 27**

Have you received help with any of the following? (Please tick as appropriate)

- Accessing benefits
- Finances
- Aids / Adaptations
- Leisure
- Employability
- Respite
- Practical Support
- Emotional Support
- Accessing Training

**Question 28**

Is your physical or mental health affected by your caring role?

<table>
<thead>
<tr>
<th>Not at all</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
</table>

Please Explain

**Question 29**

How confident are you in coping with practical tasks in relation to your caring role?

<table>
<thead>
<tr>
<th>Not Confident</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
</table>

| Very Confident | 4 | 3 | 2 | 1 | 0 |

| Please Explain | 0 | 1 | 2 | 3 | 4 |
**Question 30**
How much do you feel you understand the person you care for’s condition?

<table>
<thead>
<tr>
<th>Not at All</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>Fully</th>
<th>4</th>
</tr>
</thead>
</table>

**Question 31**
Have you had any training in relation to your role as a carer since the person you care for’s most recent discharge from hospital?

- [ ] Yes
- [ ] No

If yes, please list

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**Question 32**
What training do you feel would make you more confident as a carer?

Please list

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**Question 33**
Is there anything you would like to tell us about your experience as a carer that we have not asked about?

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Thanks for taking time to complete this questionnaire!